



2017 Bench Press Competition Work Sheet & Results Calculations

First Name	Last Name	Gender	1 st Weigh t. Lift Attempt	(1) First Attempt	(2) Second Attempt	3 rd Third Attempt	(4) Attempt Lift off Round	(5 th) Attempt Lift Off Round	(6 th) Attempt Lift Off Round	Highest Successful Attempt	Body Wgt.	Weight Class	Wilks Formula Calculation
Tyron	Roberts	M	315	315	*405	*405	N/A	N/A	N/A	315	290	276-300	80.64
(2) Schayla	Bowers	F	95	95	105	120	N/A	N/A	N/A	120	195	176-200	47.38
Jamil	McSwain	M	225	225	250	275	N/A	N/A	N/A	275	188	176-200	81.38
(3) Daniel	Ojeranti	M	275	275	*315	295	N/A	N/A	N/A	295	179	176-200	90.51
Elijah	Gresham	M	185	*185	200	*225	N/A	N/A	N/A	200	178	176-200	61.53
Keon	White	M	175	175	200	*225	N/A	N/A	N/A	200	143	126-150	72.27
(1) James	Berry	M	405	405	*475	450	N/A	N/A	N/A	450	220	201-225	124.33
(2) Jerry	Goodson	M	335	335	375	450	N/A	N/A	N/A	405	267	251-275	105.39
Jerimey	Jones	M	170	170	190	225	N/A	N/A	N/A	225	155	151-175	76.23
(1) Sandra	Dowdy	F	100	100	110	115	N/A	N/A	N/A	115	170	151-175	48.75
Alvin	Mitchell	M	225	225	250	*280	N/A	N/A	N/A	250	175	151-175	77.80
Kenneth	Douglas	M	135	135	185	*235	N/A	N/A	N/A	185	150	126-150	64.29
(3) Dallas	McElroy	F	55	55	95	*110	N/A	N/A	N/A	95	189	176-200	38.05
Winners in Red							N/A	N/A	N/A				
ENTRIES	13						N/A	N/A	N/A				
Contestant total	13						N/A	N/A	N/A				
TOTAL FEMALES	3						N/A	N/A	N/A				
TOTAL MALES	10						N/A	N/A	N/A				
SPECTATORS	Approx.160						N/A	N/A	N/A				
(*) UNSUCCESSFUL ATTEMPS.							N/A	N/A	N/A				
Tie Breakers	None						N/A	N/A	N/A				