



# General Campus Emergency Procedures Medical Emergencies

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## Definition:

An injury or illness that is acute and poses an immediate risk to a person's life or long term health.

## Procedures:

In the event of a serious illness or injury on campus, immediately call 9-1-1 or campus police. If you notice any jewelry with an inscription of medical information, bring it to the dispatcher's attention. Give appropriate first aid until medical personnel arrive; have someone escort personnel to the scene. Do not move the victim until help arrives unless there's an imminent threat to life safety in their current location.

### **BLEEDING**

Call 9-1-1. Press directly onto the wound with sterile gauze, sanitary napkin, clean handkerchief, or bare hand. Maintain steady pressure for 5 to 15 minutes. If bleeding is from an arm or leg, elevate that limb until emergency personnel arrive.

### **CHOKING**

Call 9-1-1. Do nothing if the victim is moving air by coughing or gasping. If no air movement, apply four abdominal thrusts by grabbing the victim from behind with your hands over the "belly button" area; quickly squeeze in and up.

### **SEIZURE**

Call 9-1-1. Protect victim from self-injury. Keep victim comfortable until emergency personnel arrive. Watch for vomiting.

### **SHOCK**

Call 9-1-1. Keep victim warm and calm, with legs slightly elevated, until emergency personnel arrive.

### **UNCONSCIOUS / UNRESPONSIVE**

Check for Breathing: If victim is not breathing, initiate rescue breathing.

- Rescue Breathing: Gently tilt the head back to open the airway; watch chest and listen for air from mouth. If not breathing, pinch the nose and give 2 slow, full breaths. Watch the chest rise and fall during each breath. Breathe into the victim's mouth once every 5 seconds until emergency personnel arrive.