



Biomedical Research Infrastructure Center  
115 South Chestnut St.  
Winston-Salem, NC 27101

## Student Self-Evaluation: Laboratory/Research Component

Name \_\_\_\_\_ Classification \_\_\_\_\_ Major \_\_\_\_\_

Mentor \_\_\_\_\_ Date Completed \_\_\_\_\_

Semester Evaluated \_\_\_\_\_

This form serves as a written evaluation for the performance of the R.I.S.E. scholar indicated above. **It is to be completed by the scholar as a reflection of their research experience over the academic year.** Please assess your performance on a scale of quality from 1 to 6, with 1 being excellent and 6 the equivalent of poor. This evaluation serves as documentation for self-improvement and program efficiency.

- I. DEPENDABILITY AND COMMITMENT
- II. EFFORT IN THE LABORATORY
- III. KNOWLEDGE OF ASSIGNED PROJECT
- IV. LABORATORY SKILLS
- V. ABILITY TO LEARN NEW TECHNIQUES
- VI. INTERPERSONAL SKILLS  
(Team work and time management)
- VII. HOW WOULD YOU RATE YOUR OVERALL PERFORMANCE? Please explain and provide any additional comments on below.

Excellent \_\_\_\_\_ Very Good \_\_\_\_\_ Good \_\_\_\_\_ Average \_\_\_\_\_ Poor \_\_\_\_\_

- VIII. In your own words explain your research project and your role in the laboratory. Were you able to work independently?
- IX. What do you feel is your greatest research accomplishment?
- X. Do you feel your participation in the NIGMS-RISE Program thus far has increased your preparation for graduate study? Please explain your answer.
- XI. Do you feel that you get what you need from your mentor/research laboratory? Please explain your answer.
- XII. What do you feel was your biggest challenge this semester? What steps will take to improve/overcome this challenge next semester?