

## **ROBERT PHILLIP WOODALL, MS**

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### **EDUCATION**

Master of Science, Louisiana State University Major: Kinesiology	May 2000 Baton Rouge, LA
Bachelor of Science Florida State University Major: Nutrition and Fitness	April 1998 Tallahassee, FL

### **WORK EXPERIENCE**

**August 2012-  
Present**

**Winston Salem State University, Winston Salem, NC**  
*Clinical Instructor/Physical Education*

Serve as Clinical Instructor within the Human Performance and Sports Science Department. Classes taught include: Physiological Basis of Human Movement, Exercise Physiology, Kinesiology, Rehabilitation of Athletic Injuries, Clinical Sports Medicine. Clinical Coordinator for Sports Medicine Minor Students. Function as Freshman Advisor during registration periods.

**September 2009-  
August 20 – 2012**

**Winston Salem State University, Winston Salem, NC**  
*Director of Sports Medicine/Adjunct Faculty*

Responsible for all aspects of The Sports Medicine Department. Supervised a staff of two assistant athletic trainers. Oversaw medical care given to athletes of 12 different varsity sports comprised of 250 student athletes competing on the NCAA Division I level (principal coverage with Football/Softball/Baseball). Managed all aspects of insurance filing/billing. Created and maintained an athletic training room budget. Maintained and ordered all aspects of the athletic training room inventory. Coordinated and maintained appropriate medical records for all student athletes. Oversaw all aspects of rehabilitation programs for student athletes. Maintained seat on administrative board overseeing athletics. Taught assigned classes within the Human Performance and Sports Science Department. Worked to develop curriculum for Sports Medicine Minor.

**July 2009-present**

**Players Advantage Baseball Performance Training Center**

*Owner/Founder/Lead Instructor:* Provide baseball specific training programs for athletes including but not limited to hitting lessons, pitching lessons and catcher position lessons. Manage travel team associated with center (Kernersville Warriors). Provide sport specific performance lessons in the domains of Speed, Agility and Strength. Supervise softball area instructors. Develop, maintain and supervise monthly budget.

November 2008-  
April 2009

**Veritas Sports Academy, Kernersville, NC**

*Assistant Baseball Coach/Associate Athletic Trainer:* Assigned to work with pitchers and catchers. In charge of all bullpen sessions both during practice and in games. Called all defensive plays for catchers during games. Monitored pitch counts and called pitches during games. Worked closely with head coach instructing hitting and plate approach. Responsible for practice/game coverage as an athletic trainer, which included; recognition, evaluation, and immediate care of athletic injuries. Work with athletes on prevention of athletic injuries and rehabilitation and reconditioning of athletic injuries. Coordinate weight training and conditioning program for Baseball team. Manage all medical records and insurance billing related to the Baseball team.

August 2005-  
November 2008

**North Carolina A&T State University, Greensboro, NC**

*Director of Sports Medicine/Football Travel Coordinator:* Responsible for all aspects of The Sports Medicine Department. Supervised a staff of two assistant athletic trainers and four graduate assistant athletic trainers. Oversaw medical care given to athletes of 12 different varsity sports comprised of 250 student athletes competing on the NCAA Division I level (principal coverage with Football). Managed all aspects of insurance filing/billing. Created and maintained an athletic training room budget. Maintained and ordered all aspects of the athletic training room inventory. Coordinated and maintained appropriate medical records for all student athletes. Oversaw all aspects of rehabilitation programs for student athletes. Maintained seat on administrative board overseeing athletics. Handled all aspects of Football travel including but not limited to; busing/airline arrangements, hotel accommodations, arranging for meals while traveling, transportation for coaches while on trip for recruiting purposes, etc.

August 2004-  
August 2005

**Averett University, Danville, VA**

*Clinical Coordinator/Associate Athletic Trainer:* Serve as an Approved Clinical Instructor within an Accredited Athletic Training Program. Monitor Athletic Training Student's Clinical Assignments. Teach assigned athletic training classes. Organize and maintain athletic training students' evaluations, work schedules, and in-service teachings. Head Volleyball Athletic Trainer, Head Men's Basketball Athletic Trainer, Head Baseball Athletic Trainer. Responsible for practice/game coverage, which included; recognition, evaluation, and immediate care of athletic injuries. Work with athletes on prevention of athletic injuries and rehabilitation and reconditioning of athletic injuries. Maintain accurate monthly supply records and order new inventory when warranted. Coordinate with Head Athletic Trainer on insurance record keeping and filing. Provide CPR/AED/First Aid certification for Averett University athletic training students and coaching staff.

August 2000-May 2004

**Guilford College, Greensboro, NC**

*Assistant Athletic Trainer, Rehabilitation Coordinator:* Head Football Athletic Trainer, Head Men's/Women's Basketball Athletic Trainer, and Head Baseball Athletic Trainer. Responsible for providing practice/game coverage; Develop and supervise rehabilitation programs for athlete's competing in 16 sports; Teach sports medicine classes; Train, schedule, and supervise student trainers in the sports medicine program; Work directly with team physicians in pre-participation screenings, in season evaluations and referral of athletes for office examinations; Complete insurance filing and billing; Order and maintain supplies and equipment for the athletic training room; Formulate and prepare emergency management plans for each athletic field of competition; Provide CPR/First Aid/AED certification for Guilford College Coaching Staff and

Guilford College Athletic Training Students; Coordinate and teach in-service sessions for Guilford College Athletic Training Students; Co-Chair Guilford College Athletic Training Students Society.

## **GRADUATE ASSISTANTSHIPS**

August 1998-  
May 2000

### **Department of Recreational Sports, Louisiana State University**

*Sports Medicine Director:* Responsible for the supervision and scheduling of Rehabilitation and Athletic Training Unit; Supervise the inventory and maintenance of all equipment and supplies; Plan, develop, supervise, and administer all aspects of the Rehab, training, and emergency care programs. Duties include hire, train, schedule, supervise, and evaluate all employees for the Rehab and Athletic Training Unit; Prepare and submit payroll request of all personnel; Formulate and recommend for approval all fees pertaining to care and treatment received in the Unit; Assist in the preparation of the operational budget and monitor approved budget monthly; Prepare and submit comprehensive written statistical analysis of usage of the Unit; Maintain medical records and monitor confidentiality of records; Coordinate and schedule clinics for participants in Club Sports programs relating to injury prevention and rehabilitation of injuries; Formulate, prepare, and supervise emergency plans for all center activities; Provide coverage for Club Sport programs; Assist orthopedic surgeons at LSU Student Health Center with general care of patients and rehabilitation referrals.

*Graduate Assistant Athletic Trainer, LSU Baseball* August 1999- April 2000

August 1998-  
May 2000

### **University High School, Baton Rouge, LA**

*Assistant Football Coach/Assistant Baseball Coach/Head Athletic Trainer:* Worked with Wide Receivers during football season. Focused on proper route running, blocking schemes and pass catching skills. Worked closely with offensive coordinator on developing game plans. Assigned to work with infield during baseball season. Focused on defensive skills, ground ball/fly drills, bunt defensive and defensive assignments. Called all defensive plays/bunt defense during games. Coached First base while on offense. Responsible for the prevention, recognition, evaluation, immediate care, and rehabilitation of athletic injuries while serving as an athletic trainer; Train, schedule, and supervise student trainers; Order and supervise the inventory of all equipment and supplies; Provide coverage of team events; Assist team doctor with physical exams; Maintain records of injury reports.

## **RELEVANT EXPERIENCE**

August 1996-  
April 1998

### **Florida State Tully Training Room, Tallahassee, FL**

*Student Athletic Trainer:* Studied under supervision of certified athletic trainers. Responsible for prevention, recognition, evaluation, immediate care, and rehabilitation of athletic injuries; Assisted in administrative duties such as insurance forms and physical exam questionnaires; worked with team physicians and physicians from the Tallahassee Orthopedic Clinic.

*Head Student Trainer for Baseball* August 1997-April 1998

*Head Student Trainer for Women's Tennis* September 1996-May 1997

*Head Student Trainer for Women's Soccer* Spring Practice March 1997 and March 1998

*Student Trainer for summer camps* of Florida State Football (August 1997) and Volleyball (August 1996)

*Head Student Trainer for FSU Women's Basketball Summer Camp* (June 1998)