

# CFocus<sup>™</sup>2 Career

A Career,
Major, and
Education
Planning System

### What is

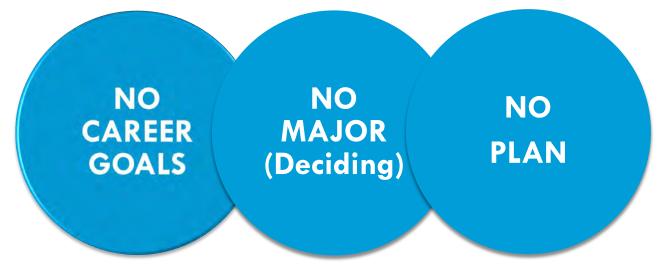
## Career & Education Planning?



Orientation, Self Knowledge Discovery, Exploration, Decision Making, Action, Adaptation

A continuous, lifelong process of exploration and planning of career and educational goals compatible with your interests, values, talents, personality and aspirations.

## Reality: 60% of Entering Freshmen...





"I Have To Declare A Major?"



## Research Findings: Benefits of Career Planning

Interest Assessment–Major Congruence (selection) has a direct effect on timely degree completion at post secondary institutional settings. (Allen, J. & Robbins, S., 2010)

Career planning facilitates more **appropriate goal setting**, academic **decision making**, and **course selection** which heightens commitment, and the **probability of retention**. John Gardner (1998, 2003) Nationally known for his work on improving the college freshman experience and raising student retention rates.

Career planning leads to increased motivation, improved academic achievement, increased retention, and less time to graduate. (Gillie, S. & Gillie-Isenhour, M., 2005)



## Understanding <u>yourself</u> is the first step of career & educational planning

<u>Step 1:</u> Identify your interests, personality, values, skills and lifestyle preferences

<u>Step 2:</u> Explore occupations and major areas of study compatible with your personal attributes.

Be Career Ready!



## Career Myths

- □ There is only one perfect job/career for you.
- Your major will guide you to your career.
- Your career choices are lifelong decisions.
- Liberal arts, humanities and sciences are not marketable majors.
- Your career decisions should be based on the current job market.

### Your Life Plan

As you plan your career you should consider the big picture...your life plan. Your career decisions will dramatically impact your lifestyle.

Where you live	Your income	Time at home/ Family
Your work hours	Your travels	Job security
Your work associates	Your choice of friends	Your leisure time

## It is your future. Take charge.

You are responsible for making your education and career decisions, managing your career and controlling your destiny.

Your career will affect your future lifestyle and feelings of fulfillment as well as where & how you live, your financial security, your leisure time activities, etc.

### Understand the World of Work

#### Today's rapidly changing world:

- new occupations are emerging, others are disappearing
- existing jobs are demanding higher levels of skills





### Plan Your Career

#### **Be Proactive**

Career Planning is an ongoing process throughout all your life stages.

#### Fine Tune

Be forward-looking with planning, developing new skills. Be prepared to make changes as needed.

With a career plan, you will be equipped to manage your career and take advantage of changes in the economy and job market



### Start the Process

## **Use FOCUS 2**

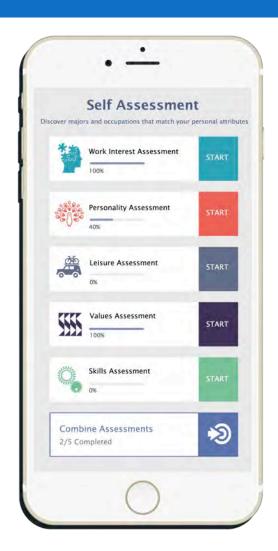
Make informed decisions



### What is FOCUS 2?

FOCUS 2
is an online, interactive,
self-guided career, major
and education planning
system.

It is responsive-Working on all devices!



## FOCUS 2 Can Help You:

- Select a major based on your interests and aspirations
- Discover occupations matching your personal preferences and attributes
- Map out your career plans, present and future
- Make informed career decisions
- Be Career Ready!



## Why use FOCUS 2?

- Do you understand the Career Planning Process?
- Are you unsure of your major?
- Are you unaware of the majors offered at your college and related occupations?
- Are you wondering what to do with your major?
- Are you unsure of which careers best suit you?
- Would you like to develop a career plan that works for you?
- Are you ready to make informed career decisions?

## Use FOCUS 2 as an ongoing resource throughout your academic years and as an alumnus.

"I am completely unsure about my major and career and how to begin the career planning process."

"I have some ideas about my major and career but I need to learn more about the tools and resources."



"I am ready to make informed decisions about my education and career." Ready

 Career Planning Foundations: Understand the Career Planning Process and how to be CAREER READY

Assess

Assessment of Interests, Personality, Skills, Values, Needs

Explore

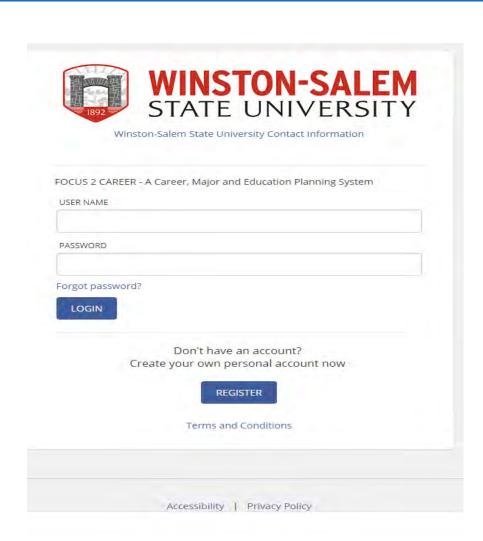
**Explore Options:** Identify and explore Majors & Occupations matching personal attributes

Decide

**Decision Making:** Select Major & explore Career Paths **Action Plan:** Map out steps to achieve goals

#### **Getting Started**

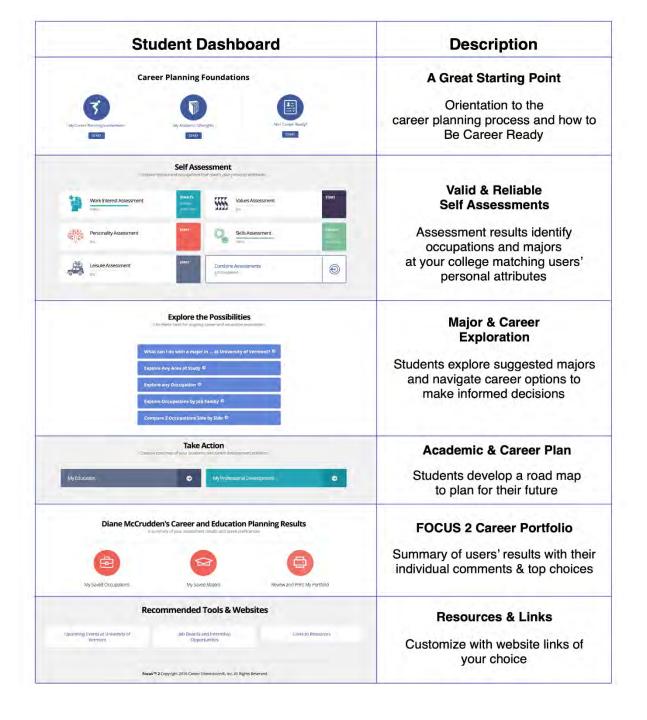
## Create your FOCUS 2 Account





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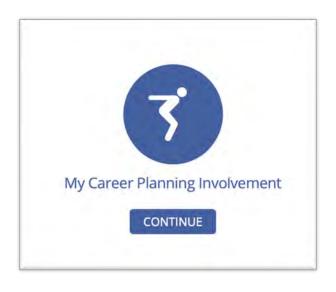
The following slides will introduce you to the FOCUS 2 Dash Board and the functions of each section.

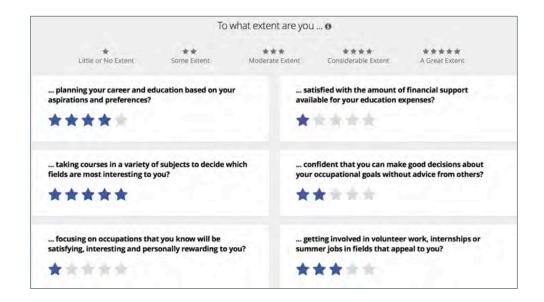


## Career Planning Foundations

A Great **Starting Point** 

#### My Career Planning Involvement

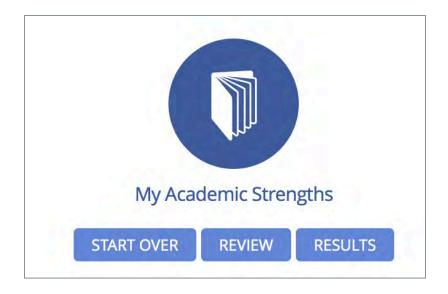


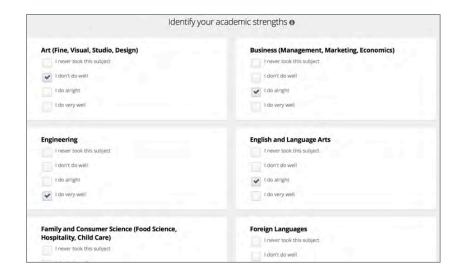


Measure your involvement in activities that are part of the career planning process and evaluate your readiness to make informed career decisions.

## Career Planning Foundations

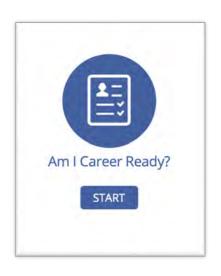
#### What are your Academic Strengths?



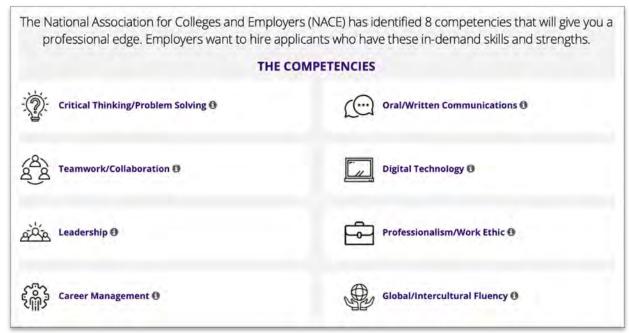


Recognizing your academic strengths will bring you one step closer to pursuing a satisfying area of study and career path.

## Career Planning Foundations

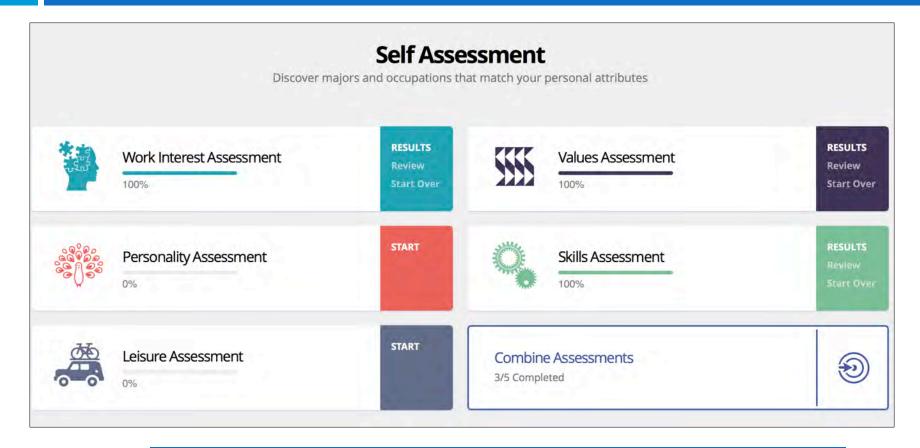


#### AM I CAREER READY?



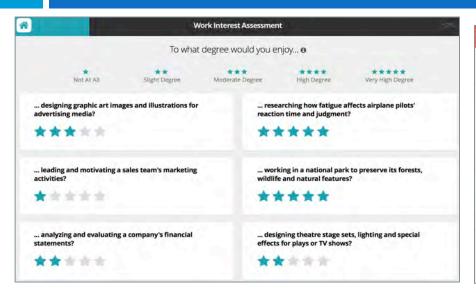
Assess and Strengthen your Career Readiness so you have the In-Demand Skills and Strengths Employers Want

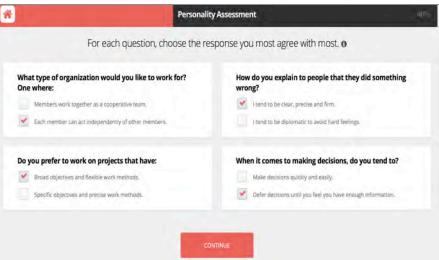
### Self Assessments



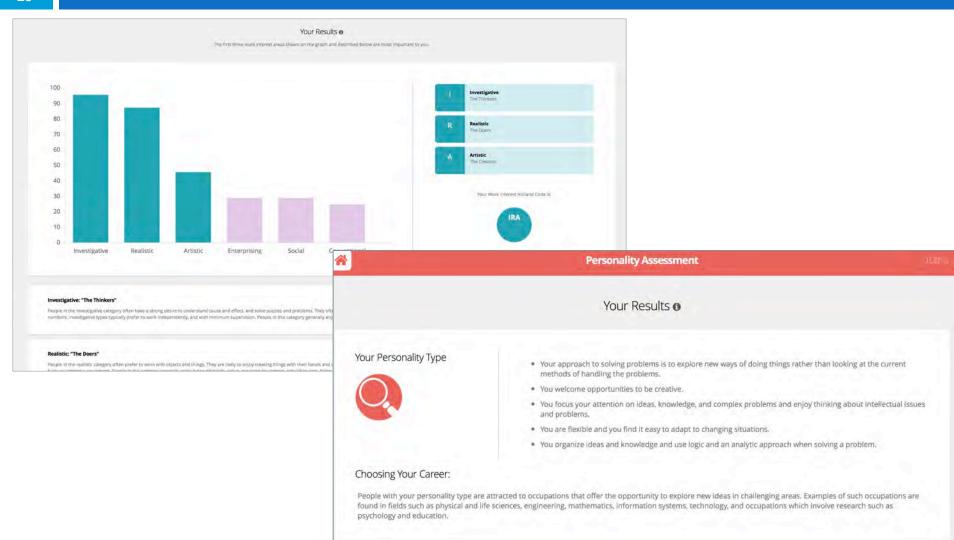
Your assessment results will identify occupations and majors at your college matching your personal attributes. Be sure to save your favorites!

## Examples of Questions you will Answer in the Assessments

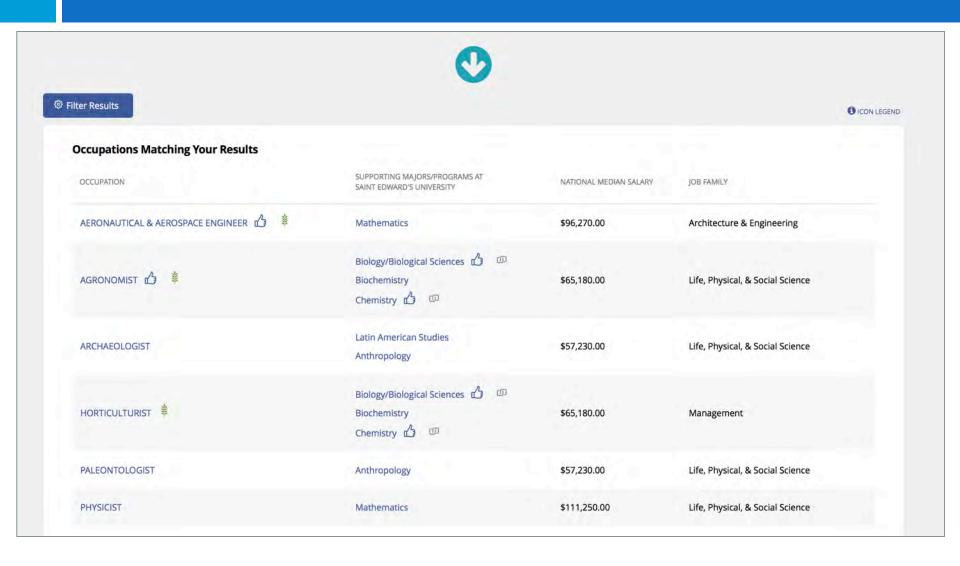






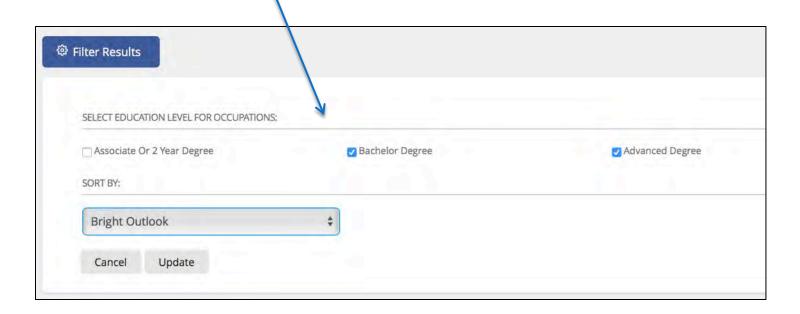


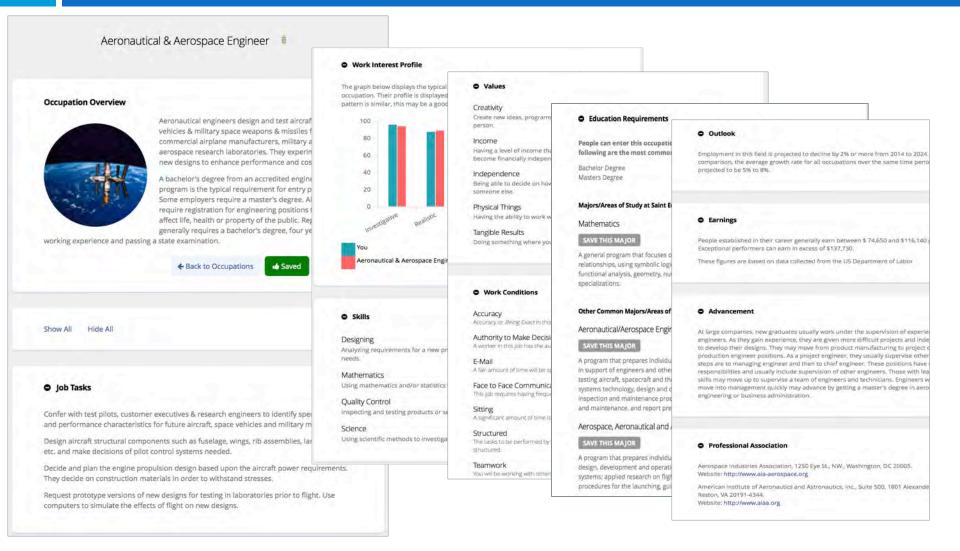
## Explore Occupations & Supporting Majors Offered at your College Matching your Assessments Results



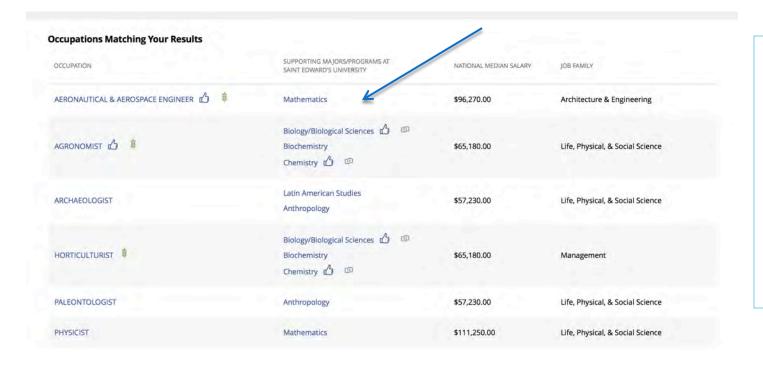
Vary the degree level to play the "What if?" game.

How does degree level impact the opportunities available in a career field? Sort by various options.





## **Exploring Majors**



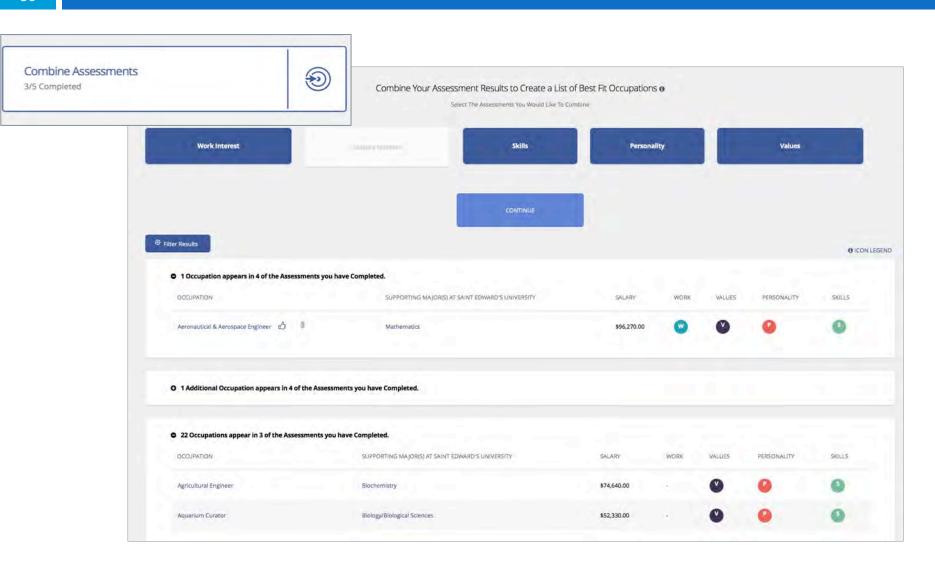
Examine the supporting majors offered at this college

#### **Mathematics**

A general program that focuses on the analysis of quantities, magnitudes, forms, and their relationships, using symbolic logic and language. Includes instruction in algebra, calculus, functional analysis, geometry, number theory, logic, topology and other mathematical specializations.

## Combine Your Self Assessment Results to Narrow down occupations

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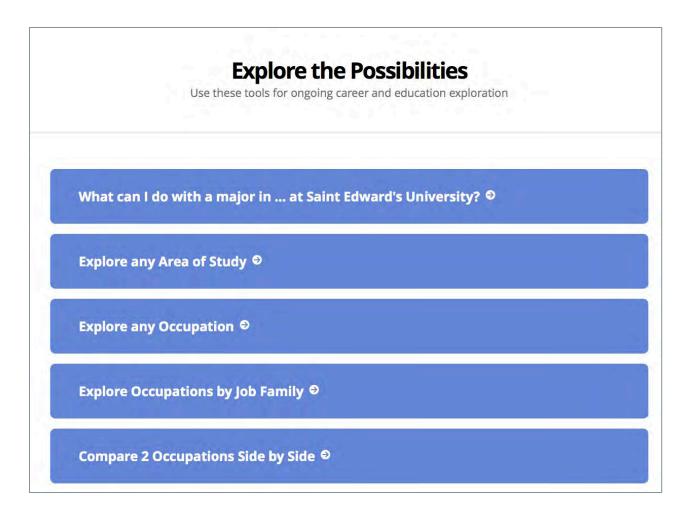


## Additional Major & Occupation

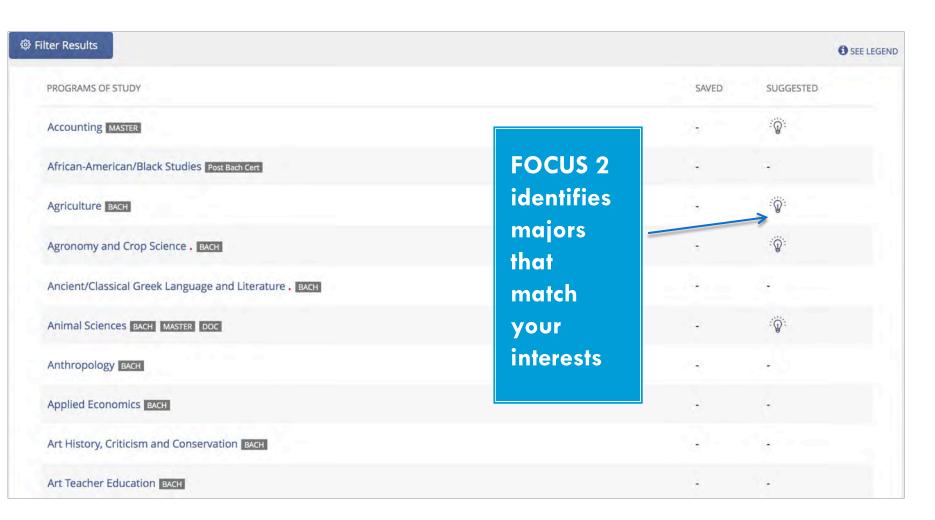
## **Exploration**

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Use all of the tools in FOCUS 2 as an ongoing resource.



## Use "What Can I Do with a Major In...offered at your college?"

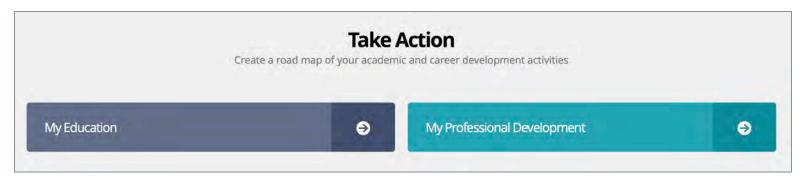


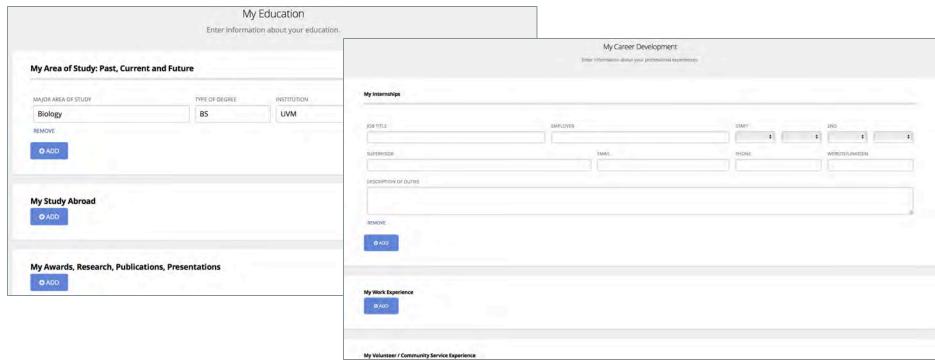
## Choosing your major? Use "What Can I Do with a Major In...?"

**Agronomy and Crop Science** A program that focuses on the chemical, physical, and biological relationships of crops and the soils nurturing them. Includes instruction in the growth and behavior of agricultural crops, the development of new plant varieties, and the scientific management of soils and nutrients for maximum plant nutrition, health, and productivity. SORT BY: Occupation Back to Majors Save This Major A Print OCCUPATION NATIONAL MEDIAN SALARY **GREEN JOB** BRIGHT OUTLOOK Agricultural Sciences Professor \$80,790.00 Agronomist \$65,180.00 Botanist \$65,180,00 Crop Workers Supervisor \$43,720.00 Farm Management Advisor \$46,370.00 Farmers and Ranchers \$42,710.00 Food & Drug Inspector Are the occupations associated with a major Food Science Technicians appealing to you?

## Action Planning: Prepare a road map of your

#### academic and career development activities





#### **Diane Smith1's Career and Education Planning Results**

A summary of your assessment results and saved preferences







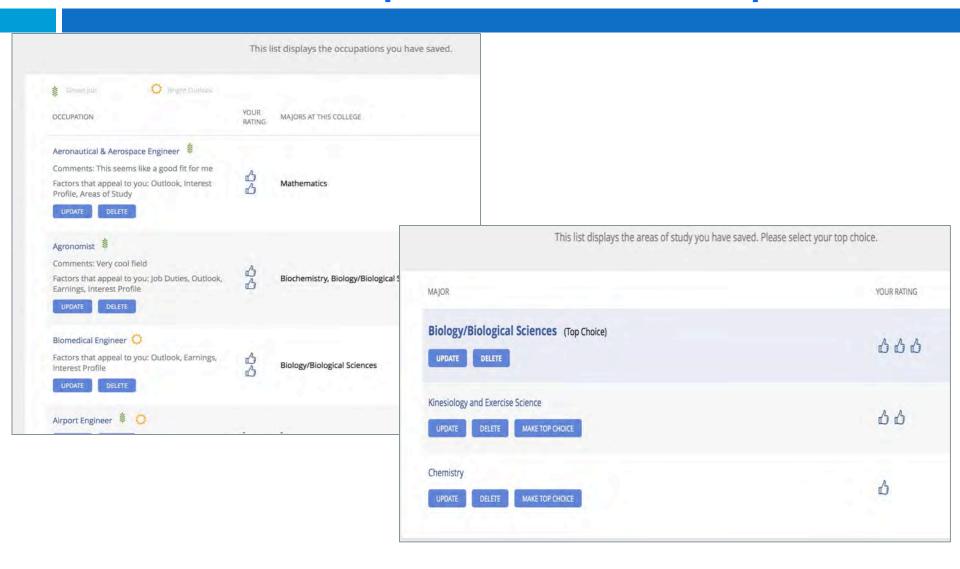
My Saved Majors



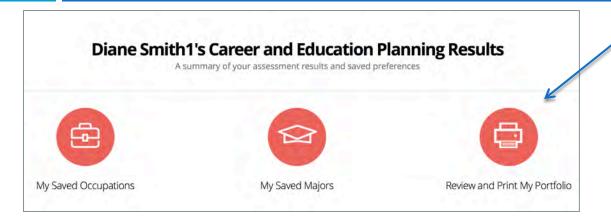
Review and Print My Portfolio

FOCUS 2 saves all your results, comments, & preferences in <u>Your Portfolio</u>

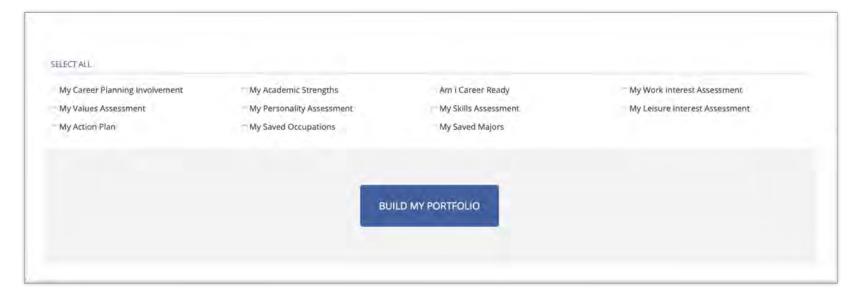
## Make Some Decisions About Your Favorite Occupations and Majors



## Build Your FOCUS 2 Portfolio



An organized summary of your FOCUS 2 results



### Recommended Tools and Websites

#### 

See upcoming events at your college.

Explore job postings nationally, by state, green jobs, etc.

Visit suggested websites.

### **FAQ**

#### How and when can you use FOCUS 2?

Anywhere, Any device: Phones, tablets, computers.

Email the Career Development Services office (<u>careersvcs@wssu.edu</u>) or Academic Success Counselor (<u>noelkek@wssu.edu</u>) for help acquiring the access code.

## Where should you start on the dash board and can you use FOCUS 2 more than once?

Start with the Career Planning Foundations. But move around as you wish. Repeat any assessment.



## Will FOCUS 2 save your Self-Assessment results and are your results confidential?

Yes, FOCUS 2 will save all your results under your confidential user name and password. Only you and your career counselor/ advisor have access to your results.

## Can you change your account details such as your password, email address etc.?

Yes, log in and go to the FOCUS 2 dash board. Click on "My Account"

Remember, career planning involves thinking about which educational and occupational paths will provide you with satisfaction and fulfillment in all aspects of your life, not only in the present, but in the future.



**FOCUS 2: YOUR CAREER PLANNING TOOL**