



Winston-Salem State University Peer Health Educators (PULSE)

"Infusing the rhythm of holistic wellness into Ram life!"

Mission Statement

PULSE aims to actively promote healthy lifestyles among Winston Salem State University students by providing guidance in the areas of mental, physical, social, and environmental wellness.

Vision

We envision Rams that are:

- Knowledgeable of the tenants of mental health and positive aspects of counseling
- Making conscious decisions concerning healthy eating habits and exercise
- Aware of the interaction between the environment, community, and self, and behave in ways that care for each of these responsibly
- Culturally competent and engage in healthy communication between fellow Rams and the community.

Programs

Peer Health Educator programs are used as a space to educate students on various topics while still remaining fun, causal, relevant, and interactive. All student programs are free including STI/STD testing and giveaways! Some of our most successful events this year were the Mental Health Matters Day which focused on suicide awareness and was done in conjunction with Open House to showcase our counseling services, and our free HIV/STD testing which can be done in a specific dorm room or at the A.H Ray Wellness center, the primary location of care for WSSU students.

Expectations

- Attend PHE training
- Minimum of 4 office hours per week
- Coordinate and execute events and programs
- Maintain a positive attitude
- Maintain 2.5 semester GPA
- Be creative!!!!



Applicant Information		
Last Name	First	Date
Street Address		Apt/Unit
City	State	Zip
Phone	Cell Phone	
Email address:		
Have you ever been convicted of a felony? <input type="checkbox"/> Yes <input type="checkbox"/> No		If yes please explain:
How did you hear about our internship program?		

Availability							
Please check semesters of availability:							
<input type="checkbox"/> Fall <input type="checkbox"/> Spring <input type="checkbox"/> Summer <input type="checkbox"/> Other, please explain: _____							
Please check your general availability	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning (approx. 9-1)							
Afternoon (approx. 1-5)							
Evening (approx. 5-9)							

Areas of Interest					
Please indicate which area interests you:					
<input type="checkbox"/> Mental Health	<input type="checkbox"/> Healthy Relationships	<input type="checkbox"/> Tobacco Edu	<input type="checkbox"/> Stress mgmt.	<input type="checkbox"/> Environmental care	
<input type="checkbox"/> Nutrition	<input type="checkbox"/> Sleep	<input type="checkbox"/> Self Care	<input type="checkbox"/> Illegal drugs edu	<input type="checkbox"/> Physical health	
<input type="checkbox"/> LGBTQAI advocacy	<input type="checkbox"/> Alcohol education	<input type="checkbox"/> Other: _____			

PULSE



Experience/Education and Skills	
Current employment status: <input type="checkbox"/> Full-time <input type="checkbox"/> Part-time <input type="checkbox"/> Not Employed	
Current or most recent paid position held	
Are you currently a full-time student? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, please indicate school and concentration:
Level <input type="checkbox"/> Freshmen <input type="checkbox"/> Sophomore <input type="checkbox"/> Junior <input type="checkbox"/> Senior <input type="checkbox"/> Graduate student	Areas of study:
Do you speak any other languages? <input type="checkbox"/> Yes <input type="checkbox"/> No	If yes, please list language <input type="checkbox"/> Fluent <input type="checkbox"/> Semi-Fluent <input type="checkbox"/> Basic
Computer Skills/Software Used:	

Personal Information
Why are you interested in becoming a Peer Health Educator?
What specific experience would you like to gain through this membership?
Describe your long-term career goals:

Professional References	
Name	Relationship and contact info (e-mail and/or phone number)

Disclaimer and Signature	
I certify that my answers are true and complete to the best of my knowledge. If this application leads to a Pulse membership, I understand that false or misleading information in my application may result in my release.	
Signature:	Date: